

Trans & Gender Identity

HOT TAKE SHEET



Transgender

Term used for those who identify as a gender other than that assigned at birth.



Cisgender

Term used for those who identify as the gender that they were assigned at birth.



Sexual Orientation

One's pattern of romantic or sexual attraction to a gender or multiple genders.

Gender Identity

One's concept of their personal gender as male, female, neither or somewhere between.



People who are Cisgender or Transgender may be Gay, Straight, Lesbian, Bisexual, Pansexual and/or Asexual! WHAT?! YES, it's true!

Pronouns Matter

BINARY PRONOUNS

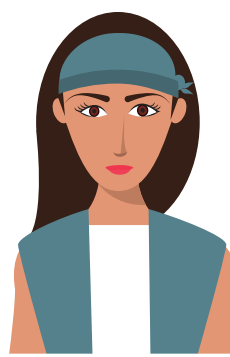
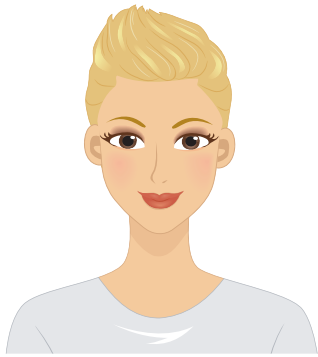
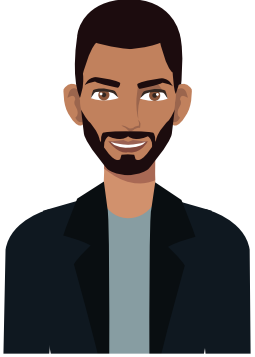
HE/HIM/HIS

SHE/HER/HERS

NON-BINARY PRONOUNS

THEY/THEM/THEIRS

ZE/ZIR/ZIRS



Use of correct pronouns displays respect for your co-workers and/or staff which benefits productivity and creates a safe working environment for all.



Microaggressions

Indirect, subtle, or unintentional discrimination against members of a people group. Some of the microaggressions that trans people face are:

- Is that your real name?
- You look like a real man/woman.
- Asking about someone's body or if they've had surgeries.



Microaggressions hurt! Like a million paper cuts and lemon juice. Be kind and respectful.



We are all just human. You don't have to understand or agree to treat people with kindness, compassion and humanity.

Learn More

DINA NINA

